

# Credentialing Requirements

ICF-Equivalent Credentials →	Associate Certified Coach	Professional Certified Coach		
	COC Certified Organizer Coach	CAOC Certified ADHD Organizer Coach	PCOC Professional Certified Organizer Coach	CPLC Certified Productivity Leadership Coach
<b>Coach-specific Training</b>	<b>Coach Approach Foundation:</b> <i>Coaching Essentials</i> <i>Strengths-Based Coaching</i> <i>Brain-Based Coaching</i> <i>Life &amp; ADHD Coaching</i> <i>Organizer Coach Integration</i> <i>Organizer Coach Practicum -- or Body-Based Coaching (ok as GBA:BBC) and a fall independent project</i>	<b>CA Foundation and these courses</b> <i>Organizer Coach Practicum</i> <i>Coaching the ADHD Client</i> <i>ADHD Education</i> <i>CCI: ADHD Coaching Competencies</i> <i>Body-Based Coaching (ok as GBA:BBC)</i> Attend an int'l ADHD conference	<b>CA Foundation and these courses (plus elective courses to 125 hours)</b> <i>Organizer Coach Practicum</i> <i>Holistic Time Coaching</i> <i>Body-Based Coaching (ok as GBA:BBC)</i> <i>Motivational Coaching or any of these graduate-level courses (ADHD Ed, CAC, PC, LCI)</i>	<b>CA Foundation and these courses (plus elective courses to 125 hours)</b> <i>Productivity Coaching</i> <i>Leadership Coaching I &amp; II</i> <i>Graduate Book Analysis: Leadership</i> <i>Organizer Coach Practicum -- or Body-Based Coaching (ok as GBA:BBC) and a fall independent project</i>
<b>Coaching Experience</b>	<b>100 Hours</b> <ul style="list-style-type: none"> <li>Minimum of 80 paid hours</li> <li>Minimum of 8 clients</li> <li>Minimum of 25 hours of each: coaching integrated within an organizing session and whole-session coaching</li> </ul>	<b>300 hours</b> <ul style="list-style-type: none"> <li>Minimum of 250 paid hours</li> <li>Minimum of 15 clients</li> <li>Minimum of 100 hours of whole-session coaching</li> </ul>	<b>300 hours</b> <ul style="list-style-type: none"> <li>Minimum of 250 paid hours</li> <li>Minimum of 15 clients</li> <li>Minimum of 100 hours of whole-session coaching</li> </ul>	<b>300 hours</b> <ul style="list-style-type: none"> <li>Minimum of 250 paid hours</li> <li>Minimum of 15 clients</li> <li>Minimum of 100 hours of whole-session coaching</li> </ul>
<b>Mentor Coaching</b>	<ul style="list-style-type: none"> <li>Ten mentor coaching hours over a minimum of three months with an ICF-credentialed Coach Approach mentor coach-trainer</li> <li>Mentoring must specifically address the mentee's core competency coaching skills in support of his/her certification efforts</li> <li>Seven of the ten mentoring hours may from <i>Group Mentor Coaching</i> or any of the <i>Core Competency Intensive</i> courses</li> </ul>			
<b>Coaching Proficiency</b>	<ul style="list-style-type: none"> <li>Recorded coaching session (30-60 minutes with verbatim written transcript) -- one for COC; two for PCOC, CAOC or CPLC</li> </ul>			
<b>Qualifications as a Professional Organizer or Productivity Consultant</b>	<ul style="list-style-type: none"> <li>Proof may include COC®, CPO®, CPO-CD® or other credentials -- or documentation of business start-up date, number of clients and client hours, training and related work</li> </ul>			

The Coach Approach for Organizers™ / Institute for Applied Coaching™ PCC-level training programs and credentials have Accredited Coach Training Program standing through the International Coach Federation. Individual courses have Approved Coach-Specific Training Hours (ACSTH) status. Coaches trained and credentialed thru our program will have an expedited and less expensive ICF credential pathway.

**Requirements are more specific than this chart allows and subject to change.** Final requirements for each certification cycle are available before the late winter application window opens. Previous-year applications are indicative and available year-round.

